

Change – From Resistance to Resilience

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CHANGE STYLE PREFERENCES

CONSERVERS

Accept the structure

Prefer change that is incremental

PRAGMATISTS

Explore the structure

Prefer change that is functional

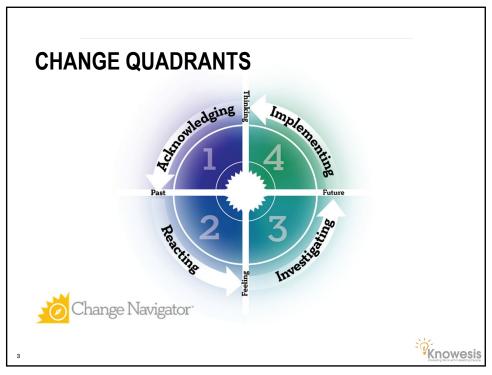
ORIGINATORS

Challenge the structure

Prefer change that is expansive







STAGE 1: ACKNOWLEDGING BEGINNING MINDSET Comfort and control PEOPLE THINK/FEEL I'm in control. I'm satisfied. I'm doing okay. I'm doing my job. Hey, everything is good! PEOPLE REACT WITH Surprise Uncertainty Disorientation Confusion Disbelief Knowesis, Videosity People.

STAGE 2: REACTING

BEGINNING MINDSET	Confusion, disbelief, disorientation
PEOPLE THINK/FEEL	 I'm anxious. I've lost control. I'm worried. I'm tired. Hey, everything is in chaos!
PEOPLE REACT WITH	SadnessShockAnxietyAngerWeariness

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STAGE 3: INVESTIGATING

BEGINNING MINDSET	Some openness to inquiry and new possibilities
PEOPLE THINK/FEEL	 I'm skeptical. I'm encouraged. I'm searching for I have expectations of Hey, progress is being made!
PEOPLE REACT WITH	Curiosity Hope Caution Openness

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